

Cybersecurity



October is Cybersecurity Awareness Month

Since 2004, it has grown into a collaborative effort between government and industry to enhance cybersecurity awareness, encourage actions by the public to reduce online risk and generate discussion on cyber threats on a national and global scale. October 2024 marks the 21st Cybersecurity Awareness Month.

Think Before You Click

This is one of the most important Cyber Security email tips that you can use and follow regularly to keep your data safe. Stay cautious of the unknown links you receive through emails, messages, or while visiting other web pages that are not secure enough.

Use Strong and Varied Passwords

You should use distinct passwords for all your different accounts. With this practice, even if a company where you have an account is breached or hackers have gotten access to one of your account credentials, these credentials would not work on other websites.

Use a Password Manager Tool

It may be difficult to remember so many passwords for your various accounts, which is when a password manager comes into the picture. A password manager is a program or

software that will help you store and manage all your passwords together.

Set up Two-factor or Multi-factor Authentication (MFA)

With this, you will receive a prompt to add another method of authentication along with the password, like a code, fingerprint, OTP in your phone number or email, etc.

Keep Your Systems Updated

Another one of the most crucial cyber safety tips is that you must keep all your browsers, software, and operating systems up-to-date.

Use Firewalls and Anti-viruses

With the help of anti-virus software and firewalls, your system will be capable of defending itself against these attacks. You need to ensure that your firewall or the software that you are using is updated regularly and prevents such cyber threats before they occur.

Avoid Online use of Debit Cards

When you purchase services or products online, try to avoid paying through debit cards or any other payment method that is connected to your bank account directly. Rather, you can make use of applications like PayPal or credit cards, which will provide more protection to your bank accounts.

Learn About Phishing Attacks

In phishing attacks, hackers assume a different identity in order to trick you so that you provide them with your credentials, click on a malicious link, or open files or attachments that can attack the system with viruses or other malware.

Avoid Unfamiliar Websites

When you come across new sites shared by your friends or even strangers online, be cautious of visiting them because some of them may contain drive-by download attacks that can attack your system data.

Avoid Useless Downloads

Downloads are among the top tricks used by attackers and hackers to gain access to your networks and systems. You should limit your downloads to save your systems and data from any such threats.

Stay Cautious on Social Media

Hackers can gain a lot of information from your social media pages and profiles. So, ensure that you share a limited amount of information on the internet since it can easily be accessed by hackers.

Make Your Data Backup Regularly

Backups are nothing but a copy of the files or network's data for the purpose of restoration in case of damage or loss. Cyber attacks may lead to data loss and file damage.

Don't Use Public WiFi without a VPN

If you are using public WiFi, make sure that you use a Virtual Private Network (VPN) along with it. VPN allows your device to be secured as it encrypts the traffic between the server and your device.

Secure Your Data

It is important for you to have Cyber Security awareness so that you are capable of securing your data from external threats and hackers.

National Teddy Bear Day



The teddy bear is one of the most popular toys for children, and holds a special place in many adults hearts, too. This lovable stuffed animal has a day all of its own, National Teddy Bear Day. It gives a chance for people to get teddy out of the cupboard and make him the center of attention.

Source/Photo: daysoftheyear.com/days/teddy-bear-day

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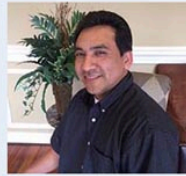
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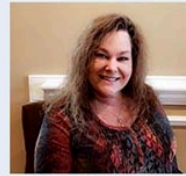
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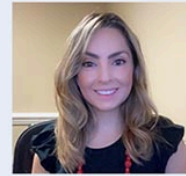
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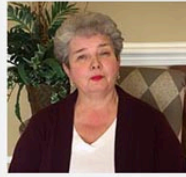
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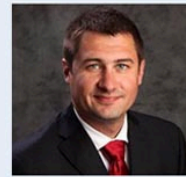
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