

Larry S. Helms
& Associates
INSURANCE SERVICES

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End of Summer To Dos



It's almost August and the start of school is approaching. So for the last couple of weeks of Summer, let's explore some fun things to do.

End of Summer Things

Day Trip for a Nature Hike. Take the kids, go to the mountains for the day and just enjoy the outdoors. Or, visit the Botanical Garden.

Try a new recipe. Visit the farmer's market and try something new. Or try something new with something old - grilled corn on the cob?

Make homemade ice cream or popsicles. Experiment with in season fruits and berries.

Lawn Game Tournament. Gather all the kids in the neighborhood and have some competitive fun. (prudentpennypincher.com/diy-backyard-games/)

Never too late for another picnic!

Go camping. Or, setup a back yard camping experience. Let the kids camp out in the back yard: tents, campfire hot dogs (with supervision), ghost stories, etc.

in the coolest part of a summer day. Remember the mosquito repellent.

Go to an outdoor theater or play. Many historical tourist locations stage outdoor events in the summer. How about an outdoor concert.

Go on your own scavenger hunt. Gather some friends or take the kids. Create a list of things you want to find and what area you'd like to visit.

Take in a baseball game!

Grill out! While the weather is fit, cook or grill everything outside. The perfect place for Dad's grilling skills and favorite BBQ sauce is outside.

Go star gazing. Pick a night, drive out away from city lights and just enjoy the stars and the quiet. Take a couple of jars and catch some Fireflies.

Photographer? Find a couple of good places and take some photos. Fields of sunflowers, old barns, local car show, etc.

Finally - enjoy the end of Summer. Find whatever makes you happy and do that.

Sources: countryliving.com/life/g3537/end-of-summer-activities/, collegefashion.net/college-life/best-end-of-summer-activities/, thespruce.com/things-to-do-before-summer-ends-4066801, rudentpennypincher.com/diy-backyard-games/








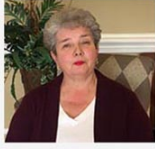



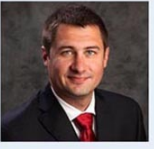
August is Happiness Happens Month



What makes you happy? Happiness Happens Month is a whole month dedicated to celebrating what makes you happy. The holiday is based on the premise that happiness is unlimited and contagious and that sharing one's happiness and can bring a lot of joy in other people's lives.

Even though Happiness Happens Month sounds silly, it does have a very important purpose. "The month reminds us that happiness happens one small moment at a time and it's our job to recognize those moments when they happen. It reminds us that sometimes a small action boosts our happiness. It reminds us that happiness is a personal experience and it's also contagious!"

LarryHelms.com - Our Team can find the right solution for you!

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