

Even without April Showers, we have May Flowers



North Carolina is a beautiful state! We have really great flowers and flowering plants. We wanted to share some you can add to your home and yard for a summer full of colors.



Plant in the sun.

One of the simplest flowers to plant in the spring and care for through the summer is the **zinnia**. Typically planted in mid-to-late May, zinnias provide color all summer long.

Another great option to add color to a landscape is the **purple coneflower**, or echinacea purpurea. These herbaceous perennials are a perfect choice for a pollinator garden and

are easily propagated by division or seeds.

One of the most classic flowers in North Carolina, the **black-eyed Susan**, or rudbeckia, offers an iconic black and yellow flower during the summer and into the fall. Rudbeckia can be planted in both early fall and early spring by seed.



Plant in the shade.

Hosta plants are great for areas of full shade with rich soil. Hosta should be planted in the spring, and they typically do well in cooler environments, such as in western North Carolina.

To add some color to a shade garden, **astilbe** is a great option. Commonly known as Appalachian false goat's-beard, this flower attracts pollinators and is a good option in flower arrangements.

Dicentra, also known as bleeding heart, is another great option for adding color to a shady landscape. The dainty, detailed flowers hang from branches in the shape of pink hearts.



Plant in containers.

One flower that often isn't thought of for container planting, but can be very successful, is the **iris**. With so many varieties of this plant, you're sure to find one that fits your preference and environment.

For a more compact option in your planters, consider using **begonias**. Begonias are resistant to drought and come in a variety of colors and sizes making them a great option for planters and landscapes.

Caladiums, sometimes called elephant's ear, are also well suited for growing in a container. These plants prefer more shade, and should be taken in for North Carolina winters, making them the perfect fit for a planter.

Sources: cals.ncsu.edu/news/a-cals-guide-to-spring-planting-for-summer-blooms/

The Symbolic Meaning of Baby's Breath



Everlasting Love - One of the most enduring meanings of baby's breath flowers is undying affection. This symbolism comes from the flower's hardy nature despite its fragile appearance, it lasts long when dried or preserved, much like true love that endures life's challenges. That's why baby's breath is commonly used in wedding bouquets and romantic arrangements.

Innocence and Purity - The small white blooms are often linked with the purity of children and the innocence of first love. This makes them popular in christening events, baby showers, and celebrations surrounding new life.

Spiritual Connection - In some traditions, baby's breath flowers also represent a spiritual connection or a sense of divine presence — their light, airy nature evokes the ethereal and the heavenly. They're often seen in memorial arrangements for this reason, symbolizing the soul's purity and eternal journey.

Source: royalblooms.org/blog/what-does-babys-breath-flower-mean

LarryHelms.com - Our Team can find the right solution for you!

Pedro Blancas



Commercial Lines Account Manager

704.839.2004

Teri Bunch



Personal Lines Account Manager

704.893.2005

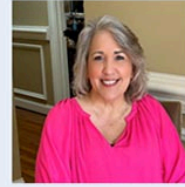
Bryant Dennis



Personal Lines Account Manager

704.233.4981

Monica Haggist



Commercial Lines Account Manager

704.839.2012

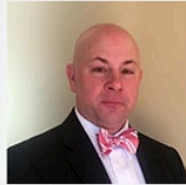
Crystal Ravert



Commercial Lines Account Manager

704.233.4992

Paul Kaperonis



Producer

704.839.2436

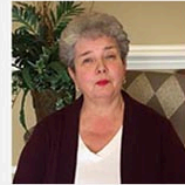
Karen Loughery



Personal Lines Account Manager

252.275.7209

Lettie Palmer



Commercial Lines Account Manager

704.839.2009

Meredith Privette



Commercial Lines Account Manager

252.451.5134

Robert Ross



Producer

704.839.2014

Dolores Serrano



Commercial Lines Account Manager

252.275.7091

Chris Webb



Producer

704.839.2430

Larry S. Helms
& Associates
INSURANCE SERVICES

Larry S. Helms & Associates Insurance Services
4389 Indian Trail Fairview Rd., Suite 2, Indian Trail, NC 28079

704.893.2793

