

704.893.2793 www.LarryHelms.com

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Slip and Fall Hazards



Whether in a office, retail space or at home slip, and fall accidents can be serious.

Slips, trips and falls are a leading cause of workplace accidents and injuries. And in homes, falls can quickly become dangerous situations. One key is to help prevent them completely.

Safety Tips

Reduce Wetness In Slippery Areas. Kitchens, break rooms and bath rooms especially. If you spill something, clean it up immediately. Clear liquid, such as water, is hard to see.

Open/Empty Floor Space. Even in non-slippery areas, things such as newspapers left on the floor can become slipping hazards. There is little to no traction between paper and carpet.

Keep Hallways, Walkways, Aisles Clear Of Obstacles. People are not always completely aware of their surroundings while they're walking. They may be on their phone or, for whatever reason, aren't looking at where they are walking.



Halloween Safety for Motorists

because they are unable to see if there are any objects in the way.

Create Traction. It doesn't take much for the ground or floor to become slick/slippery, especially on sloped and smooth surfaces, or with ice/snow. Using things like anti-slip mats, tape, kitty liter, etc. can help.

Inspect That Ladder Before You Go Up. Make sure that ladder or scaffolding is sturdy and securely placed. The ladder's feet should be set correctly with the traction side down, on firm level ground or flooring.

Snow/Ice Removal. If you own a business, make sure your entrances, sidewalks, and parking lots are free of snow and ice. At home, check those front steps and driveways carefully.

Pets. Be aware of your pets' behaviors. Do they jump or walk between your feet. If you have visitors, will they be able to deal with stepping over and around excited pets without tripping?

Mark Damaged or Construction Areas. Use caution markers or tape to make construction areas highly visible. This includes damaged areas in a parking lots and sidewalks, or in your own driveway.

Remodeling/Building Construction. More than just normal construction - make special notice with businesses that are remodeling. Workers should be aware of constant traffic by customers and employees. Make sure to mark or rope off areas where debris will be stored and disposed of - the path to the dumpster, for example.

Stairs. Stairs are notorious for falling accidents. Make sure your stairs are not cluttered, have sturdy hand rails, and good lighting.

Movable Furniture. Those foot stools, and rolling chairs can become a hazard if left out in the middle of what is normally a walkway or aisle. This includes things such as step ladders and step stools we use around the house or office to reach the top shelf.

trick-or-treat hours:

Watch for **children walking** on roadways, medians and curbs.

Watch for **groups of children** with stragglers falling behind.

Be mindful in neighborhoods and subdivisions where children may forget about traffic.

Enter and exit **driveways** and alleys carefully.

Pay close attention to look for **flashlight beams** and reflections from clothing.

At twilight and later in the evening, watch for children in **dark clothing**.

Discourage new, inexperienced drivers from driving on Halloween.

Watch for animals/pets who have been scared or have become lost from from their people and may be darting through traffic.

AND watch for adults! Adults are out with kids, trying to keep track of everyone, maybe even having some trick or treating fun themselves - and not paying attention.

Combined information sources: plmins.com, arbill.com, safetysigns.com, wcf.com, nsc.org and safekids.org.

Turning 65 soon?

Ready for Medicare?

You Are Invited to Attend
Our Information Session



To assist with creating a better understanding, we have put together a program to help clarify Original Medicare Part A and Part B. The program will be held each Tuesday morning from 10:00 to 11:00 am in our office.

You're welcome to drop in any Tuesday morning at 10:00 am. Though it would be helpful to let us know you're coming. Please give us a call: 704.893.2793.

Do you have questions about your insurance?

Do you have the insurance you need? Have you had any life changes that might affect your insurance coverage?

Call us today! We'll look at what you have and answer your questions.



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