

New Thanksgiving Traditions



Thanksgiving, still about giving thanks, has become more than just a large family meal and football. It's become a way to connect and engage with family and friends.

Some ideas to get you started...

Bake a New Cookie Recipe - Start with a creative cookie recipe. Gather your little ones to help mix, bake, and serve as taste testers for each brand new creation every year.

Make a Cookie Wreath - An edible wreath is a tradition that tastes as sweet as it looks! Little ones (and let's face it, big ones too!) will love helping you create this one-of-a-kind sugar cookie masterpiece each year.

Consult the Family Recipe Book - Switch up the usual Thanksgiving fare by taking a look at old family recipes or asking relatives for dishes they remember eating as kids. You're sure to come up with delicious new dishes for your annual feast.

Make Time to Dance - Queue up your favorite Thanksgiving tunes or park the radio dial on your favorite station to dance with your nearest and dearest!

Share Turkey Day Jokes - Break the ice or change the topic from a delicate subject such as politics with a light-hearted pun about the holidays. From pumpkins to turkey and everything in between to make your party goers laugh.

Start a Tournament - A little friendly competition never hurt anyone! If your family isn't into football, might we suggest a different activity, such as ping pong, to get the blood

pumping? Winner gets first access to dessert!

Run a Turkey Trot - Nothing will gear you up for a big midday meal quite like a brisk 5K! Encourage the whole family sign up for this healthy morning activity, which will still leave plenty of time for feasting afterwards.

Hang by the Bonfire - Cap the evening off with a roaring fire in the backyard. It's the perfect place to unwind post-meal.

Take a Trip to the Tree Farm - Get outside after that epic Thanksgiving dinner and kick off the Christmas season with a trip to a nearby Christmas tree farm.

Set Up a Craft for the Kids - Keep the children occupied while the food is being prepared by stocking a table with Thanksgiving coloring sheets and more and the makings for a turkey-themed craft or two.

Go Pecan Picking - Head out to a nearby orchard and gather the freshest pecans. Your pecan pie will never taste better!

Craft Creative Tablecloths - Start a new tradition by asking everyone to write what they are thankful for on a DIY butcher-paper tablecloth. Get the tutorial at Boulder Locavore.

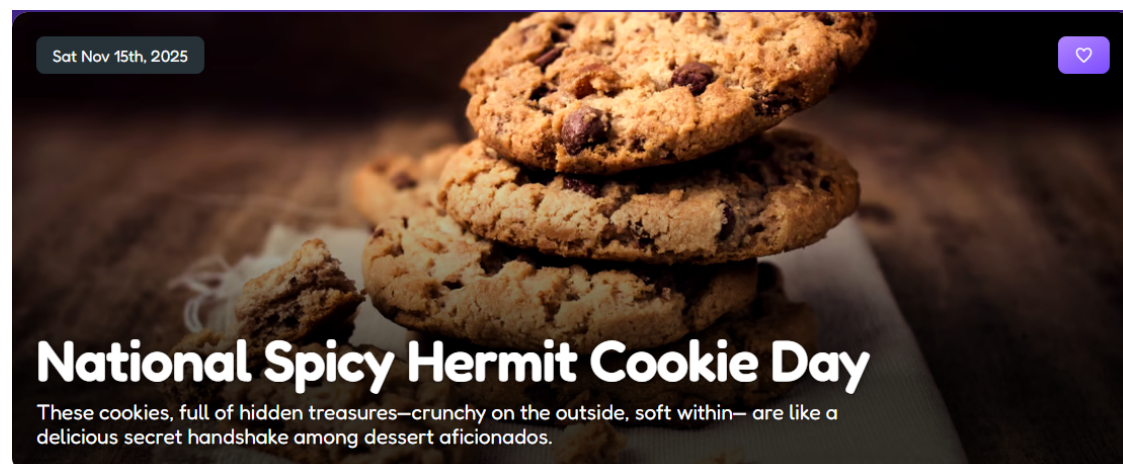
Watch a Thanksgiving Movie - There's no shortage of Thanksgiving classics to curl up with! They make for the perfect entertainment, especially when all you want to do is relax and unwind after the big feast.

Have a Book Swap - For families and friend groups with a penchant for reading, a holiday book swap is the perfect tradition to start! It's a great way to share your favorite reads and discover new ones together.

Volunteer Together - Lend a hand at a soup kitchen or food pantry to help those in need. It'll teach your kids an important lesson, especially on a day dedicated to giving thanks.

Sources: countryliving.com/life/g4688/best-thanksgiving-traditions/ and thepioneerwoman.com/holidays-celebrations/g32447013/thanksgiving-traditions/

National Spicy Hermit Cookie Day



Cookies have been a favorite dessert for people all over. However, there's a special kind of cookie out there with an obscure but unique history that takes place in the heart of New England and that's the spicy hermit cookie. If you want to know what this spicy cookie is all about and how you can make it, you can read all about it [here](https://daysoftheyear.com/days/spicy-hermit-cookie-day/).

daysoftheyear.com/days/spicy-hermit-cookie-day/

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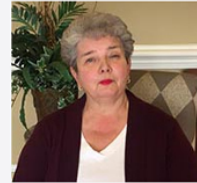
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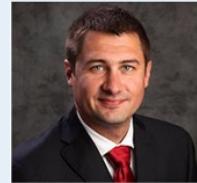
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